

2018 Avon High School Football Parent Meeting

Coaching Staff:

Mark Bless	HC	Terry Siddall	DB – Vol. Coach
Chris Bombei	LB - DC	Jamie Coon	RB – Vol. Coach
Eric Moore	QB – OC	Dan Fornek	TE - Vol. Coach
Jared Johnson	OL Coach	Tommy Smith	RB - Vol. Coach
Kyle Harkema	DL – Tech Coord.	Mark Shayotovich	WR - Vol. Coach
Coley Moore	WR - Head JV Coach	Ryan Ballou	DL – Vol. Coach
Dan Derda	OL Coach – JV	Grant Cameron	Head Frosh. Coach
Chris Stevens	LB – Vol. Coach	Chase Alexander	Frosh. Coach
Jacob Wheatley	LB Coach – JV	Kevin McGrath	Frosh. Coach
Zach Errett	DB – Vol. Coach	Skip McKay	Vol.
Dameion Smith	Strength Coach		

Valerie Teets (**Athletic Trainer**) – vlteets@avon-schools.org (317) 544-5000 Ext. 5048

Practice: (Practice times are subject to change)

Monday:	Var. & J.V. - Practice & Meetings (3:15-6:00 p.m.)
Tuesday:	Var. & J.V. - Practice (3:30-6:15 p.m.)
Wednesday:	Var. & J.V. - Practice (3:30-6:15 p.m.)
Thursday:	Var. & J.V. - Pre-Practice & Team Meal (Out by 6:45 p.m.)
Friday:	Varsity Game (7:00 p.m. Game Time)
Saturday:	J.V. – Games @ 10:00 a.m. Var. – Treatment, running, weights, & view game film 8:00-12:30 p.m.

Player Expectations:

We expect Avon Football players to conduct themselves with great character and class at all times on and off the field.

We expect our players to be positive leaders in every class and to do as well as possible.

We expect our players to follow all Team rules and Athletic codes assigned by the Athletic Dept.

We expect every Avon Football player to put the TEAM needs before his personal wants.

Player Eligibility:

Must have passed five classes of the prior grading period or semester and must be enrolled in five credited classes for this semester.

Athletic Physical & Athletic Training Documentation on file in the Athletic Department.

Enrolled in the Drug Testing Program (AHS E-Signatures).

Participated in (10) days of practice.

\$50.00 AHS Athletic Program Support fee for each high school sport of participation

Sportsmanship:

Coaches, athletes, parents, and fans represent Avon High School and should display good sportsmanship at all events.

Respect our fans, parents, and relatives in the stands during the course of the game.

School Attendance:

When your son is absent from school, he **CANNOT and WILL NOT** practice.

Please inform me of absence in the morning when you call in.

The athlete will not be able to practice or play in the game if he is not at school.

Appointments and funerals – Please notify the coach or Athletic Dept. in advance

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Transportation:

All players are expected to travel to and from events with the team. Exceptions could be made in advance with the Head Coach or Athletic Department.

How to handle questions for the coach:

These meetings should never occur following a game

Athlete should address concerns to the coach.

Parent should talk with the coach.

Parent should then talk with the Athletic Director.

SAT / ACT Testing:

All athletes who think they are college bound should register to take the SAT or ACT.

NCAA Eligibility Center:

All athletes who will compete at Division I or II need to visit the NCAA website to check eligibility, course list rules/regulations, and are able to apply online. **Do NOT** register until after your **junior year grades** have been posted to your transcript. Students will need to see their counselor to send ACT/SAT scores and transcripts to NCAA Clearinghouse. Be sure to print the request page from the website to allow counselors to mail your scores and grades.

www.eligibilitycenter.org

or

www.2point3.org

Please visit our website for Avon Football information (www.avonqbclub.com)

[Social Media Outlets for Avon QB Club Facebook, Instagram and Twitter](#)

2018 Avon Football Schedule – schedulestar.com

AHS Athletics: All-Sport Passes

\$5 for all events, over 200 regular season home events

Different plans:

Best Value is Family Plan \$140

Student - \$30

Mark Bless

Head Football Coach

Avon High School

831-1872 (Home)

544-5000 Ext. 5070 (Weight Room – During School Day)

544-5000 Ext. 5285 (Football Building – After School Hours)

mbless@avon-schools.org

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Football Is A Safer Game:

Health and safety of our players is a number one priority. I've asked our players to always see our trainers if something is not right during or after practice. The trainer will evaluate the injury and notify you and me if it's something that requires medical attention by a physician. Our Team Doctor is Dr. Mark Booher, he visits our campus every Tuesday afternoon to evaluate injuries.

All of our football coaches have been trained and certified by the NFHS and the IHSAA. They have taken courses on Heads Up Football, Concession Awareness, Heat Illness Prevention and Sudden Cardiac Arrest. They have also attending several coaches' clinics every year.

We cannot have more than two days of full contact during our practice work week. That goes into effect after the first game. Our two days of practice full contact for the varsity and JV players will be on Tuesdays and Wednesdays.

All of our players, within two years, have taken the Impact Test to have a baseline in order to compare a pre and post-test for the possibility of a concussion.

We will always have an Athletic Trainer before, during and after all practices. On Friday night varsity football game a physician will also be in attendance.

Our Athletic Trainer has Emergency Management Plans and Protocol in place for all coaches and athletes.

Our Strength Coach is professionally certified to develop our players' strength, power, flexibility, speed and quickness. He will also assist us with the physical conditioning of our football players. We want our player enrolled in his APC class, because we believe it is critical in preventing injuries during the football season.

Varsity Letter Requirements:

To earn a varsity letter in football, a player must play in at least one half of the total varsity game quarters for the entire football season.

- Special Teams participation does count toward the total quarters played.
- One play per varsity quarter also counts toward total quarters played.

All senior football players who complete the entire football season will earn a varsity letter for football.

Being named three times for a "Scout Team Player" of the week throughout the football season will earn a player a varsity letter in football.

Coaches' discretion will rule if a player (Injured, suspended, etc.) does not receive the required number of varsity game quarters to qualify for a varsity letter award.

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